

## Many people asked about Pastor Pete's sermon of April 15<sup>th</sup> – What follows was transcribed from the recording of that sermon. (using scripture: 1 John 3:1-7)

*In beginning I am going to make a couple comments to try to set the tone, for what I'm going to do. I'm going to say that this sermon or this talk or whatever you would like to call it, begins on what's called a dialectic, that is it begins in one place and ends somewhere very different.*

*This is an old style of thinking through a problem, ... well maybe he didn't popularize it, but certainly Karl Bart used it a hundred years ago. He created what was called Dialectical theology, and if you ever read him he begins somewhere and leaves you thinking: He can't believe this, he can't believe this, he can't believe this, oh this is it. It's that kind of an argument it goes clear back to Socrates. Socrates was an expert at it*

*The idea is that we begin with an idea, and examine it and examine it and examine it and find out that it fails us but that it opens up to us a new idea that is better, more powerful and more effective in our lives. Very often when I meet someone new, it's not all that long until they will ask well what is it that you do? And I used to have an answer like well I do communications theory for a very large non-profit of 1.8 million people and by golly you have their attention immediately and that's true, That's what we do. But I felt that was a little bit, I don't know, not as direct as it could be, so now that I'm older I say I'm a minister and almost invariably I get one of three responses.*

*Ah, good And then nothing. Often people will turn away, there's a message here, it's not the one I'm going into today they're not quite sure what to do with that. The second response I often get is, well you know I'm a very religious person and I've done all these wonderful things and on and on they go and all of sudden you figure out they've never been in a church, they've never been in a synagogue, they've never been in a mosque, They've never been in a temple but by golly they think that because you're a minister they should tell you all these wonderful things about how great they are. I know people are people, but the third thing that happens and more often than you would think, is all of a sudden this rush of words will come out with a big big story, very important to them, will almost gush out of them.*

*This is the second thing I want to say, I made this story up, there's nobody that ever told me this story. I made it up to make a point for this sermon. And I found I have to say this because when I don't someone will come up and say who told you that story, or how did you know?*

*Let's say we are sitting on an airplane and I meet somebody new and they're not being silent and they're not telling me what a wonderful person they are but they start to tell me something important like, and I think you know, I really don't want to hear about your seven minute affair with the Jamaican flute player on the night of your honeymoon, when your spouse was passed out, and you had too many tequila shots. I really don't want to hear about that, I really want to just lean back and go to sleep really And I used to think these people were bragging but they're not, they're not at all. I know better now. What I know now or at least what I think I know now, no I'm relatively positive about this, all of us carry deep deep feelings of shame and guilt. Every single one of us carries these. Some of them because of something as crazy as this little story. Some of them because of something that happened when we were very young and we cannot process it. Some of them because of events that happened to us and we don't really know what to do with them, but all of us carry somewhere some shame and some guilt and often it is over some crazy thing that we did and this really surprises me because for the past 20 to maybe 40 maybe even 60 years we've been trying to tell people there is no right and wrong. If It's right for you. Seemed good at the time didn't it? We've been trying to tell people that right and wrong are relative. We've been trying to tell people anything goes. We've been trying to tell people that what happens in Vegas or Jamaica stays in Vegas right? Yeah, that's what we've been trying to say to people for a long long time and it's not working. Our memories are much much deeper and more powerful than that. It's simply not true that anything goes. Our past, our deep resources of memory impact us continually in more and more powerful ways. This buried memories, this guilt and shame controls us in ways that we often don't understand and forces us to act. Why did i do that, anyway? And what's even more amazing, we probably use the word amazing too much, but it is amazing that people will go on doing the same things again and again. They will do the same things that have harmed them and hurt them and caused them damage. They'll do them over and over and over. Fascinating, in a very odd way. We will keep repeating the same harmful actions again and again. Now this does not mean, and I will be very careful about this, this does not mean that people, or you and I are bad or evil or crazy. It does not mean that at all. I'm going to expand on this in a minute. But what we are, and John is very clear about this is we are God's children. Every single one of us is here, if we accept the biblical story, because*

# MAY

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of Adam and Eve. And Adam and Eve were formed by God in God's image. And we are alive because God breathed God's breath into us and that's why every single one of us is animated and has life. And if we are Christians, we are animated by the Holy Spirit. And we are even more fully children of God. every one of us, every single one of us has this spark of life in us and even Calvin admitted this. I'm sure he had his teeth clinched tightly when he said it, but even Calvin admitted that every single one of us is a child of God.

What's happening in all this craziness that goes on in our lives is we are seeking relief. There is something in us that is hurting us and we are trying to put some kind of salve on that. In John's language, we go on sinning because we don't know any other way. We have not met the Christ we have not met the one who can turn us into a direction that is healthy and whole and wholesome. We have not yet met Christ as Lord, and so we go on again and again, banging our shins on the same coffee table and aren't smart enough to turn on the light when we get up to go the bathroom. No, and our task as those who have met the risen Christ, is to be a blessing to people who haven't. Our task when we hear these stories, or to take our own stories even, is not to judge, is not to condemn, but to reach out in compassion because this is what makes us whole. It's love that accepts, that makes us whole and only that. Our task is, first of all to help people heal the shame in their lives and note I only said shame. Because only Christ can heal the guilt.

So I'm going to take a few moments and expand on the idea of shame and guilt. Guilt and shame are not the same. The difference is very subtle but it's also huge. This idea comes from a woman, I think she is in her fifties now, her name is Brene Brown. Anybody listened to her? She has numerous TED talks, she's on You Tube, She's been on Oprah. Her research started on what she called vulnerability. She was originally part of the happiness crowd but over the years she has shifted that to try to talk about guilt and shame. And so some of these words are, if you go out and look at her videos some of them are only a couple minutes some of her TED talks, 18 or minutes, will resonate.

Guilt and shame again, are not the same. Guilt says I did something bad. Shame says I'm a bad person. Do you see the difference? Because the difference is absolutely huge. The two are not really connected at all. Guilt says I did something bad. Shame says I am a bad person. Shame is highly correlated with guess what, addiction. shame is highly correlated with depression and violence and aggression and bullying and eating disorders And listen carefully to this also guilt is inversely correlated with addiction, depression, violence, aggression, bullying and eating disorders.

In other words, people who feel shame tend to fall into these categories, people who are guilty do not. Why would that be? Well you see if I'm willing to say well I made a mistake I can fix it, if I say I am a mistake, I can't fix that.. So the only way that I can try to fix that is too much booze or too much aggression or too much dope or too much anger or too much bullying. See how it works I am trying to cover up something that cannot be covered up ever, but If I can say you know, I really shouldn't have broken Johnny's nose I can fix that. Guilt can be positive and shame never is. And this too, this example I got from Brene Brown. If we were to take shame and remember, Shame is saying I am a bad person and examine it in a petri dish, those little glass dishes that chemists and biologists and a few other scientists use to examine things,. They put a little bit of chemical in there and watch the reaction go or you put a bunch of little critters in there and put sugar in there and see what happens to them. If you were to put shame in a petri dish and watch it, what makes it grow is three things, secrecy and silence and judgement. Where there is secrecy, silence and judgement there is shame. When this happens, when we are afraid to speak our stories, When we are judged or feel judged, shame grows exponentially. And what shuts it down is bringing it out into the open, telling the story. And that's what would be happening with this person on the airplane.

If they can tell their story and be accepted and be loved and say yes, that was a very bad thing you did, but you are a good person Something very different happens because now we can fix things, now we can change our life and we won't go on repeating the same horrible effects again and again and again. And so, and this is very abbreviated, if there is shame in your life or you are dealing with someone who has shame in their life, talk to yourself or talk to them as someone you deeply love, this allows the expression and the cleansing that needs to happen.

I've talked to so many people that say I can believe that God loves you but I can't love myself. You have to get this out You have

to talk to yourself, you have to love yourself and You have to care for yourself and accept yourself. Reach out to somebody you trust and tell your story because one of things we know is that Shame cannot survive being out in the light, it simply cannot. And we need to fix this.

So here is the other side of the dialectic what I'm really driving at, is that I do want to hear your story. And I don't mean I want you all to come to me and tell me all the horrible things that have ever happened in your life. I do care, and I want you to care about other people and care for other people that's what we are called to be as Christians. From the first call of

## **GUILT vs. SHAME**

**Guilt:**  
**Feeling bad about your behavior**

**Shame:**  
**Feeling bad about yourself**

*Abraham on, we are called to be a blessing to the world and we can be a blessing to the world by listening, by getting this stuff out. See we want to hear these wounded hearts so they can be healed. That's what we want and then we want to tell an even greater story. We want together to listen for the whisper of the Spirit, we want to Listen for God's voice, we want to hear that the guilt we carry has already been taken care of, this is something only God can do.*

*We want to go beyond our human counseling shall we say And Reach out into the spiritual life and learn that in Christ all sins are forgiven, they were taken care of at the cross. You can do something like, say Well let me tell you four ways to be happy, or my suggestion is that you not drink so much Tequila and then you won't do something foolish and you won't have a ferocious hangover the next day. But this does not get to the root of the problem. What does is when God comes in and changes a human heart so that we are new people. And about this John is very clear, Christ came to take away sins. He came to cleanse us from all that guilt. In fact the guilt of the whole world. A kind of a total restructuring of us as human beings to make us sinless to make us pure to make us holy. To say yes we are God's children now, we are God's children now, always. God knows your story and God loves you. God knows your guilt and God took it on God's self.*

*So to sum up, we all carry guilt and shame, which means we should be kind to each other. We define guilt and shame. Guilt is I did something bad, shame is I am bad. And we want to eliminate shame. It's behind so many of society's problems now. But we know that shame cannot survive in the light, when it is brought out into the open, When it is spoken, when it is accepted and people are loved. And so we want to Listen to each other's stories and bring healing. And then tell people this greater story of God's love in Christ.*

*Let's pray*

*Holy God we see what kind of love you have given us, that we should be your children and so we are.*

*Amen*

**by Pastor Pete**

A time of  
PRAISE, CELEBRATION & JOY  
Led by the music of  
**“REMEDY”**

Saturday, May 12th at 7pm  
Poke Run Presbyterian Church

1091 Poke Run Church Road, 15613

(Washington Twp, Westmoreland County up from the intersection of Rts 66 & 366.)

**REMEDY** is the Praise Team from Loch Raven  
Presbyterian Church of Baltimore, MD and led by  
Poke Run friend Melissa Goetschius

*Praise*



**On Saturday, May 12th, Melissa Goetschius will be bringing her musical group “Remedy” to Poke Run.** “Remedy” is the PRAISE TEAM at Loch Raven Presbyterian Church in Baltimore MD where Melissa serves as Music Director. She will be bringing her PRAISE ensemble to Poke Run on Saturday evening, May 12th at 7pm for a Worshipful time of Celebration and Joy, and then provide special music at the 11am Worship Service on Sunday, May 13th. Make time to come be part of this time of musical Praise, Worship, Celebration and Joy—Think about who you can invite—Make this an outreach and welcome to the Poke Run community.





**ASCENSION OF THE LORD** Forty days after the Resurrection of the Lord (Easter Sunday), we remember and celebrate the Ascension of the Lord Jesus Christ into heaven. On this day, the church gives thanks for Christ's sovereign rule over all the earth, as well as his priestly intercession for us at the throne of mercy (Hebrews 4:14-16).

**Ascension of the Lord is remembered on May 10th.**



**PENTECOST** On the Day of Pentecost we celebrate the gift of the Holy Spirit descending in a mighty rush of wind and flame to inspire the church's proclamation of Christ's rising and to empower its mission and ministry to the world.

**Pentecost is celebrated on Sunday, May 20th**



**TRINITY SUNDAY** On Trinity Sunday we proclaim the mystery of our faith in the triune God: Father, Son and Holy Spirit, One-in-Three and Three-in-One.

**Trinity Sunday is remembered on May 27th**

Information provided here is from the website of



## COMMUNION SCHEDULE

Communion is shared during the 8:30am Early Worship service every Sunday morning. Additionally, Communion will be celebrated during the following Worship services in 2018.

May 20th—Pentecost(11am)	August 5th(11am)
June 3rd(11am)	September 9th(11am)
July 1st (11am)	October 7th(11am)
	December 2nd—1st Sunday of Advent(11am)
	December 24th—Christmas Eve (5pm & 7:30pm)

## Worship SCHEDULE

**Sundays:**

**8:30am Worship Service, 11am Worship Service**

**Sunday School at 10am**

**Sunday Bible Study: 7pm**





**Thank you to our April Greeters:** Debbie Seighman, Walt Lange, Irma McDivitt, Cindy Brooks, Karen Staymates, Jessica Slaughenaupt, Andy & Eva Bantroch

**Thank you to our April Lectors:** Patrick Wilkinson, Heidi Hileman, Bob Fitzgerald, and Eleanor Zerbin



*For our prayers:* Scott Ankney, Anthony, baby Noah, Carol Bartachellei, Renee Bates, Ronda Bertelle, Lil Bowman, Max Brooks, Ralph Brown, Nancy Bruner, Carolyn Buckley, William Caldwell, Dave Carroll, Irene Clark, Collin, Kelly Daugherty Farley, Jim Dunmire, Sara Dyer, Shirley Elwood, Terry Fairbanks, Jean Fanelli, Barbi Findley, Elmer Foley, Laurel Frey, Lee & Linda Gardener, Nancy Gearhard, Marnee Gormley, Sally Graham, Helen Grayem, Allison Grundy, Frank Hansen, Trevor Hawk, Janine Hayle, Joyce Hodges, Brenda Hughes, Leland & Berenice Jones, Marjorie Kaiser, Kim, Joel Ladik and wife Katie,

Rhett LaRue and family, Dana, Pat Lengauer, Allison Lengauer Jordan, Tammy Libengood, Cliff Lightner, Norm Linhart, Heather Lynn, John Mango, Irma McDivitt, Mary Lou McKay, Conrad McQuaide, Amy McQuaide, JoAnn Miller, June & Roy Moorhead, Steve Morcheid, Sam Musmanno, Sandy Nemetz, Thad Overly, Sandy Pajak, Sarah Parrish, Evelyn Pfeffer, Randy Pfeffer, Mufalda Pisone, Winifred Powers, Rafael Rincon, Reno, Steve Roman, Mary Ellen Ross and all of the family of Glenn Ross, Debbie & Larry Seighman, Valerie Shondelmyer, Patty Simons, Joanne Smith, Carol Soule, the family of JD Staite, Mary Jane Staite, Dinah Staymates, Jennifer Steiner, Mildred Striner, Ken Swank, Arlene Switzer, Bev & Mario Tagliati, Amy Teele, Craig Thompson, Jim Thompson, Jill Tocco, Adam Weaver, Terry Wiester, Clay Wilabee, Kate Wolford, Peter Yurtin, those involved in the recent shootings, those gripped by addictions, those who serve in the military, our country, and our world.



***The Glenn Ross family wishes to express our deepest gratitude for the wonderful lunch provided at the funeral, and for the outpouring of love, prayers, cards, visits and calls shared with our family during this time of loss. The Poke Run Church family was a special part of Glenn's life, and we, his family, are thankful for the blessing you have been to us. May the Lord bless you all!***

*Occasionally names are removed from the prayer list when the office has not been updated, if you see one removed that should remain, please contact the office. It is a privilege to lift up those we care about in continued prayer and Poke Run Church rejoices that many of those included on our "Prayer List" are healing and strengthening.*

*If you placed names on our "Prayer List," please contact the office to update us.*



**May 3, 2018**

## From the Session Minutes of March 13, 2018.

NOTE: Session meetings are open to all members of the church. Complete Session Minutes are available in the office for Church member review. Next Session Meeting: May 8, 2018 at 7pm

The stated meeting of the Session met in the Sunday school rooms. A quorum was present and, Rev. Peter Goetschius, Moderator opened the meeting with prayer and devotions.

**2018 Theme: "How to bring God's Word to all people in this place and time"**

**Session Members present:** Rev. Peter Goetschius -Moderator, Clerk – Connie Cauvel. Assistant Clerk – Chad McCutcheon, Nikki McQuaide, Tom Kimble, Bob Wilson, Brett Stevenson, Laurie Martin **Excused:** Sandy Chappell, Caileigh Chappell

**MSC:** To approve the Session Minutes of: February 13, 2018

**MSC:** To accept the Deacon Minutes of: February 5, 2018

**MSC:** To accept the Trustee minutes of: January 22, 2018

**MSC:** To: accept Treasurer's Report – 2/28/18 (Amy Wilkinson)

### Committee Reports:

**Budget & Finance:** Tom Kimble - Committee had a long discussion on Pine Springs Camp scholarships. How to budget, how to pay for, etc. The B&F Board recommended the following: A policy will be initiated as to who attends, how to track attendees, and what amount will be paid for by Poke Run – Christian Ed Committee. B&F requested that T Kimble bring summary to Session Meeting to discuss what level of commitment Poke Run is directing toward payment of scholarships. B&F discussed various options on how to insure money was to allocated to Pine Springs camperships (depending on level of commitment from Session). Various options included, but not isolated to setting up a separate fund or having a line item in Benevolence budget.

**Christian Ed & Youth:** Sandy Chappell - Report from Bob Wilson: The Christian Ed committee needs to develop a policy for camper ships. To define the programs the child needs to participate in. Also at what level of support the fund supply, and what will happen when there is not enough money to cover the costs.

**Mission and Stewardship:** Bob Wilson - At the Mission and Stewardship meeting on March 7, 2018 they passed a **MSC:** One time contribution to move \$5000 from the 10% of the annual interest earned by the unrestricted fund aka the 10% fund) set aside for disbursement by the Mission and Stewardship committee to setup a Pine Spring Campership Fund with the following parameters. To be eligible the child needs to participate in a program at Poke Run. The fund needs to be promoted to the congregation because donations are how the fund will continue to exist. The fund can go to \$0. Pete recommends we offer Scholarships with the pre requisite of 1. \$15 application fee. 2. Money will be split evenly among applicants. 3. Offer full scholarships to anyone who has special financial need even though they do not attend Poke Run. Bret suggested we try for reciprocity with other churches. How do we attract these kids to Poke Run? Kids out side of church we will find a way to work it out!

**Personnel:** Laurie Martin – Bill Craig and Meri Slaughaupt (Linda Chicka for Clearances)

**MSC:** Everyone will need to sign the Policy because it was revised

**Nominating:** Chad McCutcheon & Brett Stevenson – Pastor Pete will meet with the Committee after Easter.

### Ad Hoc Committees

Kitchen - Sandy Chappell, Laurie Martin, Bob Wilson - Continue with the sinks, and electric stove

**Presbytery COM Liaison Report** – Connie Cauvel COM continues to pray for all the churches. Each person on the committee is to connect Personally with their assigned churches once a month offering support, prayers and answer any questions.

**Old Business:** MC: To Accept the revised Child Safeguard Policy

**New Business:** Manse report to be submitted by the Trustees to the Presbytery

**MSC:** Boy Scout Chris Hulick (cemetery project) would like to use sanctuary and Fellowship Hall for Eagle ceremony on Saturday May 5th. Calendar is free.

**MSC:** To Baptize Joe Dulude and Leila Stormer Palm Sunday (Early Service)



Connie Cauvel (Clerk of Session)

## FROM THE MARCH 2018 DEACON MINUTES:

Present: Nancy Kimble, Sandy Ballas, Shyrl Stange, Ruth O'Connor, Tammy Kelly, Debra Ross, Debbie Seighman, Nancy Dombroske, Diane Scott, and Cindy Brooks.

Absent: Barbi Findley and Shelly Chappell-Vaia

Diane opened with a devotional reading.

The minutes for February were MSC.

The treasurer's report for February was MSC.

2/5/18 Balance	\$3483.79
Debits-Walmart cards	100.00
Gas cards	100.00
Bank service fee	4.00 (2 months)

3/5/18 Balance \$3279.49

Old Business: Committees were reviewed, and updates were made. Shyrl Stange will serve on the Nominating Committee, as a representative for the Deacons.

New Business: Easter Food Basket shopping will be done on March 22, at Walmart, at 6 PM. March 18th is the last day to request a basket.

Debra Ross is in charge of making sure that there are Bibles for new members, who will join Poke Run on Palm Sunday.

Plans were made for the Palm Sunday luncheon, and each Deacon is responsible for specific food items. Session will be asked to help with cleanup.

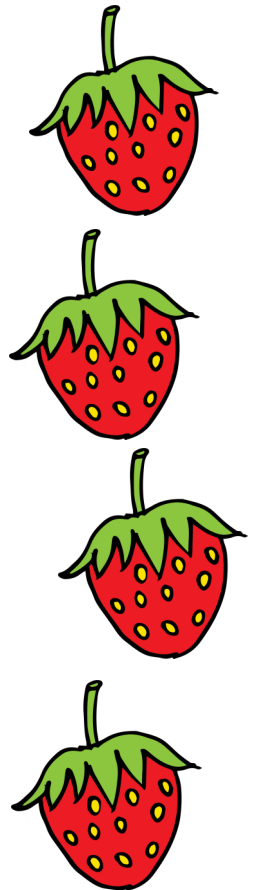
Flowers in honor/memory of individuals may be purchased from the Deacons. Diane Scott will contact Amy Wilkinson regarding bulletin inserts for the flower orders.

The communion schedule was reviewed for upcoming communion dates.

The next meeting will be held April 2, 2018. A date for the Strawberry Festival needs to be chosen.

Respectfully submitted,

Debbie Seighman, Secretary



### ***POKE RUN CHURCH DEACON'S ANNUAL STRAWBERRY FESTIVAL*** ***Saturday, JUNE 2, 2018 3-6pm***

***Ham BBQ, Hot Dogs, a variety of salads, and of course.....***

***Strawberry Desserts!!!!!!***

***Adults \$8.00 Children \$4.00 Tickets at the Door***







### From the Poke Run Office

**Office Hours at the Church** 9:30am—2:30pm most days. Call ahead to be sure Amy is there! **Never hesitate to contact Pastor Pete at 724-454-2278.**

**Next Ranger Deadline: May 27th**

## Directory

A 2018 Directory update is Happening! - Check with the office to verify and update your information. 724-327-5563 or email your information to [pokerun@graced.comcastbiz.net](mailto:pokerun@graced.comcastbiz.net) Hoping to publish soon. Thank you.



### From the Poke Run Budget & Finance Committee

The Poke Run Annual Report for 2017 is complete. Copies are available in the Narthex or you can request an electronic copy by email. Just call the office.

The "FIRST FRUITS" offering is Poke Run's commitment to the larger church. Please consider an offering beyond your local giving, of \$35 per member. We have collected about 70% to date.

### *Firstfruits Offering*



The Budget & Finance committee is looking for an additional member to represent the congregation. Please contact Tim Martin if you are interested.



## PRESBYTERIAN WOMEN NEWS

**Women of the Church/Circle 2** will meet on Thursday, May 17th, at 7pm at the home of hostess Cindy McQuaide, the leader will be Nancy Dombroske.

Call the office for directions.



### **Redstone Presbyterian Women**

#### **Spring Retreat**

Tuesday, May 29, 2018

Pine Springs Camp, Jennerstown PA

Just north of Route 30 off Route 985

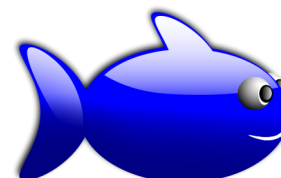


9:00 a.m. Registration and Continental Breakfast  
9:30-2:30 Program for the day and a satisfying lunch

### **Your Prayer Personality with Rev. Dr. Colleen Molinaro**

Colleen has held two Interim Ministry positions in The Presbytery of Redstone. Colleen currently serves at Third Presbyterian Church in Uniontown and was previously at Fort Burd Presbyterian Church in Brownsville. She first pastored a church in Upper Ohio Valley Presbytery in West Virginia for 8 years. Colleen earned her Community Ministry degree from Geneva College. She studied at Pittsburgh Theological Seminary earning a Master of Divinity and a Doctor of Ministry in Reformed Christian Spirituality. Before being called to the ministry Colleen managed several medical practices and taught Medical Assisting. Colleen has lived most of her life in Washington, PA. She is married to Steven and they have an English Springer Spaniel, Nick. Colleen loves to spend time with their two-year-old grandson.

The mission project will be to, again, supply the makings of S'mores, marshmallows, chocolate bars, & graham crackers, for campers as they enjoy evenings around the campfire.





## Recognizing our Service Men and Women

**In Memory of Our Veterans** On Thursday, May 24, members from the Poke Run Cub Scout Troops, the Board of Trustees, and congregation members will be planting flowers on the graves of the veterans who are buried in Poke Run Cemetery. A single red geranium will be placed to recognize the sacrifice and service these veterans gave to help our country stay free.

If you would like to assist in planting, please arrive in the upper cemetery area by 6:00pm. on May 24.



**HELP NEEDED:** With the good weather comes the growing green of "weeds." If you have any spare time, feel free to ATTACK a flower bed around the church. And watch for opportunities to join others – Thank you in advance for all your help.

## A COUPLE REMINDERS:

When using the Poke Run Kitchen facilities either downstairs, upstairs or in the lounge, please do not leave any food items on the counter or in the refrigerators. It is kind to think that someone else might use it –but it is SAFER and MORE CONSIDERATE to take it with you.

ALSO—when exiting the church, please give the doors a little tug behind you—even if you have locked them—sometimes they don't quite close all by themselves.

Self cleaning  
kitchen—  
Clean up  
after yourself

## REMEMBER:

Poke Run is the local polling place known as Oakland Crossings. Fellowship Hall will be OFF LIMITS unless you are voting on Election Day, Tuesday, May 15, 2018. THANK YOU



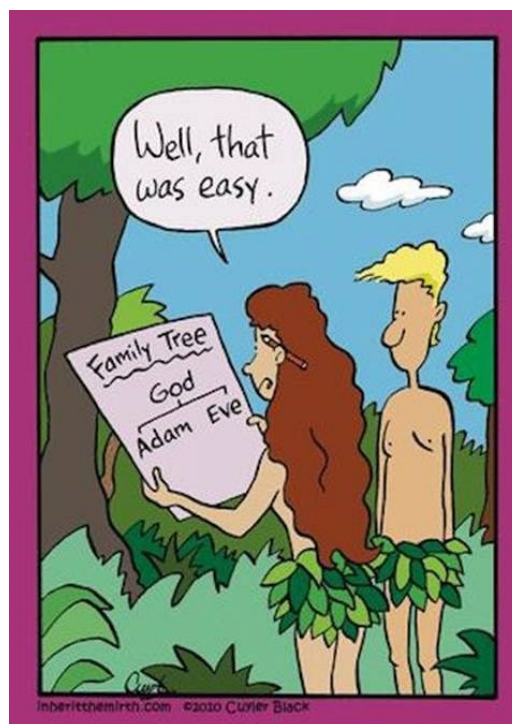
You can find Poke Run Presbyterian Church on Facebook! - featuring the "Daily Verse"



Poke Run's email address:

[pokerun@graced.comcastbiz.net](mailto:pokerun@graced.comcastbiz.net)

Poke Run web site is [www.pokerunchurch.com](http://www.pokerunchurch.com)





## **Sunday School at Poke Run Church**

Classes meet each Sunday at 10am.

**FOR THE KIDS** Children's Class! – for all ages

**ADULT SUNDAY SCHOOL** Meeting in the West Wayside room (on the left at the end of the hall) - using the David C. Cook series titled **"Acknowledging God"**



*Join in the fellowship area for refreshment and conversation between the early service and Sunday School.*

FREE—in the Narthex: copies of the two publications,

***The Upper Room*** - daily devotional, and ***Today's Christian Living*** - magazine



**THE UPPER ROOM**  
DAILY DEVOTIONAL GUIDE

## **Pine Springs Camp**

a place to...  
EXPLORE  
GROW  
BELONG  
LEARN  
God's Word  
HAVE FUN



Pine Springs 2018 Information is available! Poke Run continues its desire to see that all who wish to attend Pine Springs Camp are able to —

A campership fund was established by the Poke Run Session and can be available to most interested campers—call the office to get more information , or check out the Poke Run website for details.

[www.pokerunchurch.com](http://www.pokerunchurch.com)

We have over 10 campers signed up already. Contributions to the Campership fund will be accepted all year long.

**VBS  
2018**

**Mark your calendar for  
Vacation Bible School (VBS)  
JULY 22-26, 2018**

**Watch for more details! And  
get ready to learn more about  
the Miracles of Jesus!**

### **Graduate Sunday: May 13, 2018**

Please contact the office if you have a graduate in your life. We would like to recognize Poke Run's graduates, high school, college, etc. and certainly share good news of those you love. Please submit your grad information to the office as soon as possible.



### **Poke Run Mission Team Returns to Marion, Virginia in 2018 June 24-29th**

Poke Run will once again be heading to Marion, Virginia to join with Project Crossroads for a week of mission work this summer. Applications are now available.

See or call Linda Chicka at 724-422-3688 or the Church office.

**The first Trip meeting will be Monday, May 14th at 7:30pm.** Please remember that you must have current Youth Protection clearances on file in the office to participate in this and many of our outreaches.

**WE LOVE  
OUR VOLUNTEERS**

**ALL VOLUNTEERS: The Poke Run Session recently passed a new version of the Poke Run "Child Safeguard Policy." All volunteers must receive the new policy and sign an acknowledgment to that effect.** Many of the church activities require that you be aware of Poke Run's "Policy to Safeguard Children" and have proper clearances. If you need help obtaining these, call Amy in the office.

## "Soup for the Soul" will be Wednesday, May 9th.

Cabbage Soup – doors open at 11:30am, soup is served at noon. Come and bring a friend, help extend a Christian welcome and presence to those God brings to Poke Run! This will be the last soup of the season—see you in October!



Celebrating the Music Ministry of Poke Run Church!

Sunday, May 20th will be "Music Appreciation Sunday!"



**Sponsors...**  
The McFeely-Rogers Foundation  
**TD&S Advisors**  
Church Insurance Specialists  
Robindale Energy and Associated Companies

**PINE SPRINGS CAMP 18TH ANNUAL SCHOLARSHIP GOLF OUTING**  
GOLF AT THE HISTORIC AND BEAUTIFUL

*Arnold Palmer's*  
LATROBE COUNTRY CLUB

**SAVE THE DATE**  
MONDAY, MAY 21, 2018  
WWW.PINESPRNGS.ORG

  
**Redstone**

**Career Opportunities:**  
*Full Time, Part Time and Casual*  
Maintenance Tech  
Facility Worker  
Housekeeping  
Laundry  
Caregivers  
Certified Nursing Assistant  
Licensed Nurses  
Nurse Aid Training

**724-972-4788**  
[www.redstonehighlands.org](http://www.redstonehighlands.org)

## **NEWS FROM THE PEWS**



**Jeff Wilkinson** (pictured at left with Grandfather Jim Duch and parents Amy and David) was recently recognized by Trib-Live Media as one of the areas "Top 100 Outstanding Young Citizens"



*Congratulations !!!* **Freda Bowman** welcomed a new great-granddaughter "Lily Renee Bowman" - parents are Kristopher & Jessie Bowman and grandparents are Don & Lil Bowman.



### **WANTED—Your news and photos!**

Share your news—contact the church office!  
JUNE RANGER DEADLINE—May 29

PICTURES—can be texted to the church email address!  
[pokerun@graced.comcastbiz.net](mailto:pokerun@graced.comcastbiz.net)





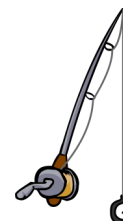
### HAPPENING IN OUR PRESBYTERY

- May 12—Redd-Up Camp Day—PineSprings Camp Work Day
- May 15—Presbytery Meeting—6pm Latrobe Presbyterian
- May 21—Pine Springs Camp Scholarship Golf Outing (see page 9 of Ranger)
- May 29—Redstone PW Spring Retreat at Pine Springs Camp (see page 6 of Ranger)

Friendship Dinner—2nd Wednesday of every month, 5-6pm New Kensington United Presbyterian

### HAPPENING IN OUR COMMUNITY

- May 5—7am-5pm—Annual “Spring Dumpster Day” at the Washington Twp maintenance bldg. on Rt. 66 - restrictions apply.
- May 6—Spaghetti Dinner Fundraiser for Adam Weaver (see below)
- May 12—Recycle event at Mills Mall (see below)
- May 19-20—5th Annual Loyalhanna Sojourn
- May 20—8am-1pm “Fishing Derby” Northmoreland Park



**PLEASE NOTE THAT THE POKE RUN AND REDSTONE PRESBYTERY OFFICES WILL BE CLOSED ON MEMORIAL DAY, MAY 28TH.**

**Remember you can always reach Pastor Pete at 724-454-2278.**

## HARD TO RECYCLE COLLECTION EVENT

#### PRESENTED BY



#### PRESENTING SPONSOR

Allegheny County  
Health Department

#### SPONSORS

Colcom Foundation  
LANXESS Corporation  
NewsRadio 1020 KDKA  
NOVA Chemicals Corporation  
UPMC

#### PARTNERS

Appliance Warehouse  
eLoop LLC  
Liberty Tire  
Galleria at Pittsburgh Mills

**Galleria at  
Pittsburgh Mills**  
parking lot near Division Road Entrance  
**Saturday, May 12, 2018**  
**9 am - 1 pm**

#### NO COST:

\* cell and home phones \* CFL bulbs \* computer towers and peripheral equipment \* expanded polystyrene packaging material  
\* microwave ovens \* stereo equipment \* VCRs, DVD players and cable boxes

#### FEE CHARGED:

\* alkaline batteries \* CDs, DVDs, floppy discs \* fluorescent tubes  
\* printers \* small Freon appliances \* stereo speakers  
\* tires (car/truck) with and without rim

* computer monitor	\$ 20
* television	\$ 30
* projection or console TV	\$ 40



For questions, directions or a detailed list of items and fees

**www.prc.org 412-488-7490 ext 236**



**GO VIOLET  
FOR  
ADAM**

**FUNDRAISER**

**ALL PROCEEDS GO TO ADAM WEAVER**

Where: Washington Township Volunteer Fire Department  
4078 Route 66, Apollo, PA 15613

When: Sunday, May 6, 2018

12:30 p.m. – 5:30 p.m.

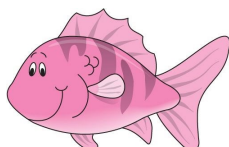
Adam is a 22-year-old 2014 graduate of Kiski Area High School. He was diagnosed with Hodgkin's Lymphoma in December 2017. Friends are hosting a spaghetti dinner fundraiser to help Adam with his medical costs.

Take-out dinners will also be available.

There will be various raffles and prizes.

Donations can also be made to the Adam Weaver Fundraiser account  
c/o S&T Bank, 7660 Saltsburg Road, Pittsburgh, PA 15239.

Find us on Facebook @ “Go Violet for Adam Weaver Fundraiser”  
for more information.





# 2018

Sun

Mon




Tue

Wed

Thu

Fri

Sat

		1 7pm Budget & Finance	2 7pm Choir 7pm Mission & Stewardship	3 <b>National Day of Prayer</b>	4	5
6 8:30 & 11am Worship 10am SunSch 7pm Bible Study	7 7pm Deacons	8 7pm Session  MEETING	9 <u>noon "Soup for the Soul"</u> 6:30pm Bells 7pm Choir	10 	11	12 7pm "Remedy" Praise Music
13 <u>Graduate</u> 8:30 & 11am Worship 10am SunSch 7pm Bible Study	14 7pm Mission Trip Mtg 	15 REDSTONE Meeting 	16 6:30pm Bells 7pm Choir	17 <u>Circle 2</u> 	18	19
20 <u>Music App</u> 8:30 & 11am Worship 10am SunSch 7pm Bible Study 	21 	22	23	24 6pm <u>CEMETERY PLANTING</u> 	25	26
27 8:30 & 11am Worship 10am SunSch 7pm Bible Study	28 OFFICE CLOSED	29 MEMORIAL DAY Poke Run and Redstone offices closed	30	31		

## Celebrate in May

May 13— We will celebrate our Graduates during the 11am Worship Service.

May 20— We will celebrate all who have shared their musical talents

Poke Run Presbyterian Church  
1091 Poke Run Church Road  
Apollo, PA 15613  
724-327-5563  
[pokerun@graced.comcastbiz.net](mailto:pokerun@graced.comcastbiz.net)

**POKE RUN CHURCH DEACON'S ANNUAL  
STRAWBERRY FESTIVAL**

***Saturday, JUNE 2, 2018 3-6pm***

***Ham BBQ, Hot Dogs, a variety of salads,  
and of course.....**Strawberry Desserts!!!!!!*****

***Adults \$8.00 Children \$4.00 Tickets at the Door***



Rev. Peter M. Goetschius  
**Pastor**

Amy Wilkinson  
**Secretary/Treasurer**

Shyrl Stange  
**Financial Administrator**

Sean O'Neil  
**Choir & Musical Director**

Linda Moorhead  
**Early Service Musical Director**

Tom Kimble  
**Cemetery Administrator**

Doug Ross  
**Poke Run Board of Trustees, President**  
Connie Cauvel  
**Clerk Of Session**

*Worship*  
**SCHEDULE**

**Sundays:**  
**8:30am Worship Service, 11am Worship Service**  
**Sunday School at 10am**  
**Sunday Bible Study: 7pm**

**WEEKLY OFFICE HOURS—most days 9:30am-2:30pm**